IN THE EVENT OF RAIN, THE CHARITY LAKE CHALLENGE WILL BE POSTPONED TO THE FOLLOWING SUNDAY THE 7TH OF MARCH AT THE SAME TIMES!!

Paul Cunningham NURSES
Nurses at the heart of the community
Charity Registration No.: CV-01-042960 CIF. G54338389

Making a difference in your community

WALK RUN OR CYCLE 5KM/10KM OR 20KM

I would like to sponsor ..... for taking part in the charity challenge around La Pedrera Lake on Sunday 28th Feb 2010.

The above named person is taking part in the named event above to raise money for Paul Cunningham Nurses, the charity dedicated to nursing patients in the later stages of terminal illness. Charity Registration No CV-01-042960

Walking boots or non slip footwear e.g. trainers are essential, no sandals or flip flops. Please bring plenty to drink and a high energy snack. It is also advisable to bring SIP or E111 cards. For start times please visit www.thingstodoinspain.info or call Jenni on 660816620.

Name	Address & Telephone No	Amount Per km	5,10 or 20 Km's	Total

Please contact Sheila Maynard on 965 724 265 to register and receive your official charity number

Name	Address & Telephone No	Amount Per km	5,10 or 20 Km's	Total